



# APRIL LUNCH MENU

## WEEKLY SNACK MENU

### MONDAY

- AM Snack - Nutri-Grain Bars
- PM Snack - Greek Honey Yogurt

### TUESDAY

- AM Snack - Hawaiian Rolls w/ Sunbutter
- PM Snack - Veggie Straws

### WEDNESDAY

- AM Snack - Bananas
- PM Snack - Low-Fat String Cheese

### THURSDAY

- AM Snack - Fresh Fruit/Sliced Cucumbers
- PM Snack - Whole Grain Sun Chips

### FRIDAY


- AM Snack - Yogurt
- PM Snack - Red Quinoa Chips & Hummus

Daily snack at 5:00pm

2% milk served daily with lunch

MRA ensures that every child receives nutritious snacks throughout the day. **Students with allergies** will be provided with a **substitute snack** that is based on availability.

We reserve the right to make substitutions based on availability.

SUN	MON	TUE	WED	THU	FRI	SAT
29	30 <b>Meatless Monday</b> Pasta with Red Sauce w/ Mixed Veggies Seasonal Fresh Fruit	31 <b>Taco Tuesday</b> Grilled Chicken Tacos loaded with zucchini, bell peppers, onions, & Spanish Rice, paired with fresh seasonal fruit. <i>V. Fajita Veggie Tacos</i>	1 Oven-Baked Chicken Nuggets Served with Mashed Potatoes, steamed broccoli and fresh seasonal fruit. Optional side of sauce. <i>V. Veggie Nuggets</i>	2 Freshly Made Oven-Baked Cheese Pizza On a fiber-rich, whole grain crust, served with sweet corn and fresh seasonal fruit.	3  <b>School Closed</b> Good Friday	4
5	6 <b>Meatless Monday</b> Broccoli, Cheese, and Rice Casserole with mixed veggies, and fresh seasonal fruit.	7 <b>Taco Tuesday</b> Grass-Fed Beef Tacos loaded with zucchini, bell peppers, onions, & Black Beans, paired with fresh seasonal fruit. <i>V. Fajita Veggie Tacos</i>	8 Cheesy Chicken Baked Ziti Served with a medley of mixed veggies and fresh seasonal fruit. <i>V. Cheesy Baked Ziti</i>	9 All-Beef Sloppy Joes on a whole grain bun, served with a medley of mixed veggies and fresh seasonal fruit. <i>V. Veggie Meatball Subs</i>	10 Freshly Made Oven-Baked Cheese Pizza On a fiber-rich, whole grain crust, served with sweet corn and fresh seasonal fruit.	11
12	13 <b>Meatless Monday</b> Whole Grain Grilled Cheese Sandwich made with artisan cheese, paired with crispy tater tots, mixed veggies, and fresh seasonal fruit.	14 <b>Taco Tuesday</b> Grilled Chicken Tacos loaded with zucchini, bell peppers, onions, & Spanish Rice, paired with fresh seasonal fruit. <i>V. Fajita Veggie Tacos</i>	15 Whole grain Spaghetti with Meat Sauce served with tender green beans and fresh seasonal fruit. <i>V. Veggie Meatballs</i>	16 Oven-Baked Chicken Nuggets Served with Mashed Potatoes, steamed broccoli and fresh seasonal fruit. Optional side of sauce. <i>V. Veggie Nuggets</i>	17 Freshly Made Oven-Baked Cheese Pizza On a fiber-rich, whole grain crust, served with sweet corn and fresh seasonal fruit.	18
19	20 <b>Meatless Monday</b> Chickpea Pilaf: Slow-simmered chickpeas, rice and tender potatoes, served with seasonal vegetables and fresh seasonal fruit.	21 <b>Taco Tuesday</b> Grass-Fed Beef Tacos loaded with zucchini, bell peppers, onions, & Black Beans, paired with fresh seasonal fruit. <i>V. Fajita Veggie Tacos</i>	22 Teriyaki Chicken Fried Rice Served with tender carrots, and fresh seasonal fruit. <i>V. Teriyaki Veggie Fried Rice</i>	23 Whole grain Spaghetti with Meat Sauce served with tender green beans and fresh seasonal fruit. <i>V. Veggie Meatballs</i>	24 Freshly Made Oven-Baked Cheese Pizza On a fiber-rich, whole grain crust, served with sweet corn and fresh seasonal fruit.	25
26	27 <b>Meatless Monday</b> Whole Grain Grilled Cheese Sandwich made with artisan cheese, paired with crispy tater tots, mixed veggies, and fresh seasonal fruit.	28 <b>Taco Tuesday</b> Grilled Chicken Tacos loaded with zucchini, bell peppers, onions, & Spanish Rice, paired with fresh seasonal fruit. <i>V. Fajita Veggie Tacos</i>	29 All-Beef Sloppy Joes on a whole grain bun, served with a medley of mixed veggies and fresh seasonal fruit. <i>V. Veggie Meatball Subs</i>	30 Oven-Baked Chicken Nuggets Served with Mashed Potatoes, steamed broccoli and fresh seasonal fruit. Optional side of sauce. <i>V. Veggie Nuggets</i>	1 Freshly Made Oven-Baked Cheese Pizza On a fiber-rich, whole grain crust, served with sweet corn and fresh seasonal fruit.	2



MONTESSORI REGGIO ACADEMY

Sugar Land Preschool Campus  
2600 Cordes Dr., Ste. D  
Sugar Land, TX 77479  
Front Office: 832-363-5362

Sugar Land Cambridge Center  
16103 Levington Blvd.  
Sugar Land, TX 77479  
Front Office: 832-363-5362

Sugar Land Elementary Campus  
2555 Cordes Dr.  
Sugar Land, TX 77479  
Front Office: 832-363-5362

Katy Campus  
20318 Franz Rd.  
Katy, TX 77449  
Front Office: 346-271-8805

Visit our website:  
[www.montessorireggioacademy.com](http://www.montessorireggioacademy.com)

LEARNERS TODAY, LEADERS TOMORROW